

# No Promises - Easy

**COPPER KNOB**  
BY CHOREOGRAPHERS

**Count:** 32    **Wall:** 2    **Level:** High Beginner

**Choreographer:** Lene Mainz Pedersen (DK) October 2018

**Music:** "Promises" by Calvin Harris ft. Sam Smith.. Buy on iTunes..



**(intro: 64 counts)**

## **[1-8] WALK BACK R+L, COASTER, WALK FWD L+R, LOCK STEP FWD**

1 - 2                    Step R back, Step L back  
3 & 4                    Step R back, Step L beside R, Step R fwd  
5 - 6                    Step L fwd, Step R fwd  
7 & 8                    Step L fwd, Lock R behind L, Step L fwd

## **[9-16] ROCKING CHAIR, STEP R, HOLD, BALL STEP R, POINT L**

1 - 4                    Rock fwd on R, Recover on L, Rock back on R, Recover on L \*\*\* Tag & Restart \*\*\*  
5 - 6                    Step R to R side, HOLD  
&7 - 8                    Step L beside R, Step R to R side, Point L to L

## **[17-24] 1/4 L, 1/2 L, CHASSE 1/4 L, JAZZ 1/4 R, CROSS L**

1 - 2                    Turn ¼ L step L fwd, Turn ½ L step back on R (3:00)  
3 & 4                    Turn ¼ L Step L to L side, Step R beside L, Step L to L side (12:00)  
5 - 8                    Cross R in front of L, Turn ¼ R stepping back on L, Step R to R side, Cross L in front of R (3:00)

## **[25-32] STEP R, STEP L TOGETHER, SHUFFLE FWD, STEP L, STEP R TOGETHER, SHUFFLE BACK**

1 - 2                    Step R to R side, Step L beside R  
3 & 4                    Step R fwd, Step L beside R, Step R fwd  
5 - 6                    Step L to L side, Step R beside L  
7 & 8                    Step back on L, Step R beside L, Step back on L

## **TAGS: 2 EASY TAGS: Wall 5 & 10 (12:00) after 12 Counts (after Rocking Chair) – Jazz box, Cross (12:00)**

1 - 4                    Cross R in front of L, Step back on L, Step R to R side, Cross L in front of R

## **ENDING: Wall 13 (6:00) after 12 Counts (after Rocking Chair ) – Step 1/2 turn L, Step R fwd**

1 - 4                    Step fwd on R, Turn ½ L recover on L, Step R fwd, raise your arms and SMILE ?

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